NAVIGATING TO NEW OPPORTUNITIES •

FORWARD MOTION

Cycling time in minutes (based on an average 10 miles per hour or 16 kilometres per hour)

Cycling	0	3	6	9
Walking	0	7.5	15	22.5

Walking time in minutes (based on an average 4 miles per hour or 6.5 kilometres per hour)

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The representation of a track or a path is no evidence of a public right of way. Users of all routes shown on this map do so entirely at their own risk.

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ROAD DEFINITIONS:

Purple – cycle track or bridle way. Suitable for level 1 and above.

Purple dashed – path shared between pedestrians and cyclists. Suitable for level 1 and above.

Light orange – quiet roads with little traffic travelling at low speeds. These are mostly residential streets or roads through parks. Suitable for level 1 and above.

Dark orange – cycle track or bridle way. Suitable for level 1 and above.

Light blue – busy routes, including A and B roads, but with traffic travelling at moderate speeds and few lorries. Safe overtaking of cyclists is possible at most points. Suitable only for level 2 and above.

Dark blue – narrow, busy roads with traffic travelling at high speeds and lots of lorries. Likely to include slip-roads, large roundabouts and complex junctions. Suitable only for level 3 and above.

Key

- Quieter road or street (suitable for level 2 and above)
- Moderate traffic and low speeds (suitable for level 2 and above)
- Busy road (suitable for level 2 and above)
- Busy / fast road (suitable for level 3 cyclist)
- Take care
- Paths where cycle must be walked
- Cycle track / bridleway / byway (level 1)
- Cycle track or path shared with pedestrians
- Proposed shared path
- University / College / School
- Hospital / Post office / Library
- National Cycle Network route number
- Railway tracks
- Railway with station and cycle parking
- Toucan crossing
- Footbridge / Subway
- One way street
- Cycle parking
- Bike friendly cafes
- Building of historic interest

N W E S

3 minutes cycling 7.5 minutes walking

3 minutes cycling 7.5 minutes walking

3 minutes cycling 7.5 minutes walking

3 minutes cycling 7.5 minutes walking

3 minutes cycling 7.5 minutes walking